NCDIT | NORTH CAROLINA DEPARTMENT OF INFORMATION TECHNOLOGY

Digital Literacy Skills Standards



The North Carolina Digital Skills Standards represent broad area of knowledge important in digital life. Each Standard is broken into three to four skill areas with actionable ways residents can build their digital capacity.

DIGITAL IDENTITY

Digital Identity refers to the way your actions, creations, and interactions online shape how you are perceived in digital spaces. It includes everything from the content you create to the platforms you use, and understanding its impact helps ensure your online presence aligns with your personal values. By being intentional and ethical in your digital choices, you can manage your digital footprint and participate confidently in an evolving digital world.

1. *Digital Profile*
2. *Digital Self*
3. *Digital Footprint Management*

DIGITAL WELLBEING

As our lives become increasingly connected, understanding how your digital habits—such as screen time, social media use, and constant connectivity—affect your emotional balance, sleep, focus, and overall wellness is essential. This skill involves cultivating healthy routines, recognizing when technology use becomes harmful, and setting boundaries that preserve personal privacy while still fostering meaningful online interactions. Developing your Digital Wellbeing is critical to achieving a balanced, intentional relationship with technology in daily life.

1. *Balanced Use of Technology*
2. *Healthy Use of Technology*
3. *Healthy Boundaries*

DIGITAL RELATIONSHIPS

Digital Relationships involve building and maintaining respectful, meaningful connections in online spaces. This skill includes communicating thoughtfully, managing online interactions, and creating a positive digital environment. It also requires understanding the impact of words and actions in virtual settings and fostering empathy, inclusion, and respect in all digital communication.

1. *Self-Awareness*
2. *Digital Empathy*
3. *Digital Collaboration*
4. *Relationship Management*

DIGITAL SAFETY

Creating safe and secure digital habits is essential for protecting personal information and maintaining privacy online. Digital security involves understanding how to manage privacy settings, avoid common risks, and make smart choices in various digital environments. Practicing digital safety helps individuals navigate the online world with greater confidence and awareness.

1. *Internet Safety*
2. *Data and Device Protection*
3. *Online Threat Awareness*
4. *Scam Awareness*

DIGITAL REASONING

Navigating today's digital world requires strong reasoning skills to interpret the vast amount of online information we encounter daily. Digital reasoning involves the ability to find, analyze, and evaluate digital content with a critical eye, considering both accuracy and intent. This skill supports ethical decision-making and responsible engagement with media, helping individuals distinguish fact from misinformation and form well-informed opinions.

1. *Source Evaluation*
2. *Misinformation Detection*
3. *Disinformation Detection*

DIGITAL FUTURES

As technology continues to evolve rapidly, developing the skills needed to engage with new tools and platforms is essential. Digital futures emphasize the ability to adapt to emerging technologies, stay informed about trends, and think critically about their impact. This skill supports lifelong learning and prepares individuals to navigate an ever-changing digital landscape with confidence and curiosity.

1. *Digital Resilience*
2. *Data Management*
3. *Computational Thinking*
4. *AI Awareness*